



**WATCH DISABILITY SERVICES INC.**



***WATCH Me Shine!***

# Shared Living Supports

WATCH Disability Services Inc. provides Shared Living Supports (SLS) like Supported Independent Living (SIL) designed to help individuals with disabilities live as independently as possible. Through tailored support we aim to enhance your quality of life, promote independence, and ensure you have the assistance you need to thrive in your own home.

## **Our SLS Service includes:**

### **Personalised Support Plans**

- Customized plans to meet your unique needs and goals.
- Regular reviews to adapt to changing requirements.

### **Daily Living Assistance**

- Help with personal care, meal preparation, and household tasks.
- Support with medication management and health care needs.

### **Skill Development**

- Training in daily living skills such as cooking, cleaning, and budgeting.
- Support to develop social and communication skills.

### **Community Engagement**

- Assistance to participate in community activities and events.
- Support to build and maintain social connections.

### **24/7 Support**

- Round-the-clock assistance to ensure safety and well-being.
- On-call support for emergencies and urgent needs.



## **Why Choose WATCH's SLS Service?**

- **Proven Track Record:** With over 35 years of experience working with people with a disability, we have a long history of providing quality and safe services.
- **Experienced and Caring Staff:** Our team is dedicated to providing supportive and professional support.
- **Individualised Approach:** We focus on your personal goals and preferences to create a supportive environment.
- **Comprehensive Services:** From daily living assistance to community engagement, we offer a wide range of support options.
- **Empowerment and Independence:** We aim to empower you to live as independently as possible, with the support you need.



**Enquire Now!**



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